

# Women and Travel

"An Escorted Canadian Rockies Holiday" – For Women Only

**Departs September 15  
18 days  
\$6,990 p.p. (twin share /  
includes airfare)**

*Looking for an adventure  
that combines friendship,  
rejuvenation and self-discovery?  
We invite you to join our  
WOMEN'S ONLY TOUR –  
Designed By Women For Women*

Escape to Canada for the trip of a lifetime. Indulge yourself for two weeks of exceptional travel, cultural experiences, stunning regional food, wine and outdoor recreational opportunities. Revel in the freedom and flexibility that this tour presents. It's your holiday, your choice! We take great care in assuring your travel experience includes a balanced combination of fun group activities and free time to explore this magnificent landscape in your own way. Immerse yourself in the beauty of the surroundings, meet new friends, relax and enjoy all that Canada has to offer.

● **DAY 1 – SEPTEMBER 15, 2004**  
● **Depart Australia / Arrive**  
● **Vancouver (L)**

● Meet your traveling companions and  
● depart Australia. Let the excitement  
● build as you arrive in Vancouver, where  
● you'll join your Responsible Travel escort  
● at the airport and head downtown to  
● your hotel. Enjoy a delicious lunch, and  
● then join your group for a tour of the  
● city with stops at scenic Stanley Park,  
● English Bay, Queen Elizabeth Park and  
● Kitsilano beach. For those needing some  
● personal R&R time, pamper yourself at  
● the spa!

● **ACTIVE OPTION** - Rent a bike (maybe  
● a tandem bike) and explore the Sea  
● Wall cycle path that winds itself through  
● downtown and around Stanley Park  
● Hotel: Crown Plaza or similar

● **DAY 2 –**  
● **Vancouver (B,D)**

● Savor the sights and sounds of  
● downtown Vancouver in the morning  
● while enjoying a cappuccino or fresh-  
● baked pastry at a street side cafe. In  
● the afternoon, the tour takes you to the  
● famous Granville Island market followed  
● by a spectacular Vancouver harbour  
● cruise. Dinner is a one-of-a-kind West  
● Coast experience with the option of  
● experiencing live comedy theatre in a  
● local market. Get ready to laugh!

● Hotel: Crown Plaza or similar

● **DAY 3 –**  
● **Vancouver to Tofino (B,L)**

● Gorgeous blue water and scenic views  
● as far as the eye can see highlight the  
● trip from Vancouver through the Georgia  
● Strait to Vancouver Island. You might  
● even spot a whale or a seal during this  
● memorable ferry ride. Prior to your  
● arrival in Tofino, visit the Quw'utsun  
● Cultural Centre, which provides an  
● authentic First Nations experience  
● including a salmon lunch cooked over  
● an open fire. A late afternoon arrival in  
● Tofino is scheduled.

● Hotel: Tauc Lea Resort & Spa

● **DAY 4 –**  
● **Tofino (B,D)**

● Enjoy this quaint, arty little town  
● where you will find galleries, museums,  
● boat shops and bakeries. Tofino is  
● the gateway to Pacific Rim National  
● Park, home to B.C.'s most spectacular  
● coastline where waves crash like thunder  
● against the shore and ocean spray  
● soars. Pacific Rim National Park is truly  
● an exceptional area. To enhance your  
● holiday, choose to join either a whale  
● watching tour, bear watching tour, hot  
● springs tour or a guided sea kayaking  
● tour (choice of one tour is included with  
● your tour). Any one of these tours will  
● be a moment to remember always.  
● Tonight, dinner is a west coast delight  
● with superb scenery and an exquisite  
● menu!

● Hotel: Tauc Lea Resort & Spa

● **DAY 5 –**  
● **Tofino to Victoria (B)**

● After a fond farewell to Tofino, we  
● travel to the B.C.'s capitol, Victoria -  
● a city in year-round bloom. The group  
● will tour the Inner Harbour, drive  
● along Victoria's scenic Marine Drive  
● and then up to Beacon Hill Park with  
● wildflower meadows and century old  
● rhododendrons. This city is a tribute to  
● gardeners and it would be easy to spend  
● all day embracing the exuberant smells  
● of the gardens. The late afternoon  
● is yours for leisure time. Consider  
● stopping in at a pub to enjoy a late  
● afternoon lunch and a pint of local  
● ale or rent a bike and cycle along the  
● Galloping Goose Trail. This evening is  
● free to explore the local entertainment,  
● go dancing or take in a local theatre  
● production.

● Hotel: Royal Scot, or similar



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## **DAY 6 – Victoria (B)**

It's your day to explore, sight see and relax in this beautiful ocean-side city. Whale watching, a visit to the famous Butchart Gardens, high tea at the Empress Hotel or a tour of the Royal British Columbia Museum are all rousing options and your tour escort will be happy to provide the details for each. Or join the group for an optional tour of the city that is part of your tour package price. During the evening, join your escort on an optional cuisine and wine tasting adventure.

ACTIVE OPTION - Join a guided hike or take a kayak tour through the Inner Harbour

Hotel: Royal Scot, or similar

## **DAY 7 – Victoria to Kelowna (B,L)**

After your seaside adventure is quenched, travel back to the mainland toward the Fraser Valley agricultural area en route to B.C.'s wine country, the Okanagan Valley. The day is complimented with stops at Minter Gardens, Bridal Veil Falls and sightseeing opportunities at the Coquihalla summit. A late afternoon arrival allows time for a swim, a walk along scenic Okanagan Lake or an evening stroll.

Hotel: Coast Hotel, or similar

## **DAY 8 – Kelowna (B,L)**

Kelowna and surrounding Okanagan Valley receive more sunshine than most areas of Canada, which makes for an abundant fruit harvest. Tour a sampling of local vineyards and orchards, highlighted by a specially prepared lunch at the Summerhill Winery. During the evening, join your traveling companions for an optional dinner at the Mission Hill Winery and a live theatre production - Bard in the Vineyard.

ACTIVE OPTION - Cycle the Kettle Valley Railway - the trestle bridges are astounding!

Hotel: Coast Hotel, or similar

## **DAY 9 – Kelowna to Lake Louise (B,L,D)**

Take in the unmatched surroundings of Glacier National Park and Rogers Pass. The tour stops in Golden and you journey by gondola to Kicking Horse Resort where you will experience the stunning views of the Caribou and Monashee Mountains and learn about the grizzly bear habitat. Before arriving in Lake Louise, the group will tour through Yoho National Park including the famous Spiral tunnels and Emerald. Arrive Lake Louise in the late afternoon and enjoy the spectacular scenery!

ACTIVE OPTION: Guided horseback riding, river rafting or a guided naturalist walk.

Hotel: Deer Lodge

## **DAY 10 – Calgary to Banff National Park (B)**

Wake up refreshed and ready for a tour of Moraine Lake and the Lake Louise area before moving on to Banff National Park, gateway to the majestic Canadian Rockies. A sightseeing tour includes a gondola ride to the top of Sulphur Mountain, which provides incredible aerial views of the surrounding peaks. Afternoon stops are at Bow Falls and the Cave & Basin, while the remainder of the day is yours to enjoy.

ACTIVE OPTION - How about a fly-fishing experience or a round of golf at the Fairmont Banff Springs Hotel

Hotel: Brewster Mountain Inn, or similar

## **DAY 11 – BANFF (B)**

A day of picture postcard beauty begins with a stop at world famous Lake Louise, where mountain peaks are reflected in the cool, turquoise waters. Take time for a walk to the Lake Agnes Teahouse, renowned not only for the birds eye view, but also for enjoying a hot cup of tea beside a mountain lake. Later, tour Moraine Lake and the Valley of Ten Peaks before taking in the spectacular sights of the Spiral Tunnels, Emerald Lake, Takakkaw Falls and the Natural Bridge in Yoho National Park. In the late afternoon you return to Banff.

Hotel: Brewster Mountain Inn, or similar

## **DAY 12 – Banff to Jasper National Park (B,L)**

Cascading waterfalls, snow capped mountains; crystal clear rivers and imposing glaciers make the journey along the Icefields Parkway one of the most picturesque drives in the world. At the Columbia Icefields, look forward to a Snocoach tour onto the Athabasca Glacier. Then, look forward to a warm welcome in Jasper National Park.

Hotel: Jasper Inn, or similar

## **DAY 13 – Jasper National Park (B)**

It's your time to explore. Your escort will assist with arranging an optional tour up the Jasper Tramway or a narrated boat cruise on Maligne Lake to Spirit Island. The afternoon is dedicated to a group orientation tour of the Jasper townsite, Mount Edith Cavell, the Angel Glacier and an excursion to Maligne Canyon for a walk along the canyon floor.

ACTIVE OPTION - 3 hour guided rafting trip or horseback ride

Hotel: Jasper Inn, or similar



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### DAY 14 –

#### The Rocky Mountaineer (B,L)

It's all aboard as you depart on "the most spectacular train ride in the world" - The **Rocky Mountaineer**. Hold your camera ready as you pass through stunning natural scenery. The first class service and superb meals help make travel by rail a memorable way to experience the Canadian frontier.

Hotel: Kamloops Popular Choice - to be advised

### DAY 15 –

#### The Rocky Mountaineer to Vancouver (B,L,D)

Journey along the Thompson River and into the heart of the Fraser Canyon where roaring water and resident wildlife give you a taste of the true Canadian wilderness. From the canyon, the landscape takes another dramatic turn toward coastal, snow-peaked mountains. This extraordinary trip arrives in Vancouver where you will transfer to your hotel for a final dinner before returning home.

Hotel: Crown Plaza

### DAY 16 –

#### Vancouver (B)

LEISURE MORNING. Take in some last minute shopping before leaving for the Vancouver airport or get ready for your next add on holiday tour!

### DAY 17 –

#### In Transit

### DAY 18 –

#### Arrive Australia

### HIGHLIGHTS:

**VANCOUVER \* VICTORIA \* TOFINO  
\* OKANAGAN VALLEY \* LAKE  
LOUISE \* BANFF \* ICEFIELDS  
PARKWAY \* JASPER \***  
**\*2-DAY ROCKY MOUNTAINEER  
RAILTOUR  
\* OPTIONAL LUXURY SPA  
EXPERIENCE**

#### • VANCOUVER HARBOUR CRUISE

Enjoy a glass of wine in the company of fabulous women & relax with sensational ocean views!

#### • VANCOUVER ISLAND-TOFINO & VICTORIA

Two beautiful regions with so much to offer! As part of our commitment to your well being, we have included ample leisure time for spa and optional ocean adventures!

#### • YOUR HOLIDAY, YOUR CHOICE

Canada is well known for its scenery but the activity options are also excellent! As part of your tour, choose to join either a whale watching or bear watching tour. For those who are feeling more active, choose a guided kayak tour.

#### • TWO DAY RAIL TOUR ON THE ROCKY MOUNTAINEER

No tour to Canada would be complete without the experience of this world-class rail tour.

#### • OKANAGAN WINE TOURING

Join the group for a relaxing day of touring or become a part of the landscape and allow us to arrange a gentle bike tour that meanders through the orchards.

#### • CANADIAN TRADITIONS

Experience a traditional First Nations Salmon Bake and Interpretive Program. Also included is a tour of a grizzly bear habitat

#### • PREFERRED ACCOMMODATION, FABULOUS FOOD & LOT'S OF FUN!

We Stay in boutique hotels in enchanting locations – all 3 and 4 star accommodations chosen for convenience, local flavor and ambience. Delicious meals, served in restaurants that reflect the appeal of the area. And don't forget that we plan to have fun!

This specialized tour has you in mind! We hope that you will join us in experiencing the many magical moments that will allow you to reflect back on your holiday with true joy and celebration.



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**\$6,990\***  
**Per Person Twin Share**

**Sightseeing Highlights:**

- Harbour Cruise in Vancouver
- Guided city tours of Vancouver, Victoria, Kelowna, Calgary, Banff and Jasper
- Interactive tour of the Cowichan Heritage Centre
- Minter Gardens
- Snocoach Ride in the Rockies
- Wine touring AND don't forget the tasting!
- Cave & Basin in Banff
- Gondola Ride in Banff
- Gondola Ride to Kicking Horse Resort & Grizzly Bear Habitat
- Two Day Tour on the world famous **Rocky Mountaineer** — Red Leaf class
- **Tofino Activity Choice:** Whale watching Tour, Bear Watching Tour or a Guided Kayak Tour (choose one)

**Dining Highlights Meals:**

- 15 full breakfasts (the perfect way to start every holiday day!)
- 8 lunches — all very unique
- 4 dinners (you're going to love them!)

**Other Inclusions:**

- Return economy fares from Sydney
- 15 nights accommodations in quality hotels
- All tax and services for the meals
- Baggage Handling (1 suitcase per person)
- Transfers and transport in Deluxe Coach with Professional tour director
- And of course...our promise that you will experience exceptional service and informative information at all times during the tour!

**Not Included:**

- Airport Improvement Fee in Vancouver (\$30/person)
- Airline taxes
- Any personal expenses (alcoholic beverages, spa treatments, soft drinks etc.)
- Meals and activities not mentioned above
- Gratuities for Tour Guides and Driver

Upon request and when possible, we will do our best to match up singles for shared accommodation option.

Your Responsible Travel representative will be happy to assist with your optional spa booking at time of reservation! Please ask for details.

